

Take Action: 5 Things You Can Do To Be Inclusive in the Face of Intolerance

1 Reach Out

To those who need extra love and support at this time. Ask: "What can I do to support you?"

2 Speak Out

Against comments and behaviors that reflect blindspots, biases, intolerance, and privilege

3 Share Your Truth

By talking about your experiences with oppression, so that you can heal and help others to learn

4 Interrupt Your Biases

By taking Harvard's Implicit Association Tests and learning about differences

5 Be Authentic

By choosing to be yourself, including your differences, even in the face of judgment and when pushed to conform

Created by Ritu Bhasin, LL.B. MBA., leadership and inclusion expert, author, and speaker. To receive more insights, resources, and updates from Ritu Bhasin and bci [SUBSCRIBE HERE](#)